

# Monthly Prompts (optional!)

JAN: Ease  
FEB: Tiny Rebellion  
MARCH: Midday Magic  
APRIL: Play  
MAY: Curiosity  
JUNE: Celebrate




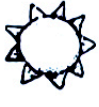
JULY: Slow  
AUG: Delight  
SEPT: Mischief  
OCT: Edit  
NOV: Gratitude  
DEC: Exit Early

Laughed	Said No.	Left Early
Took Nap	Wandered	Ignored an email
Made something useless	Wandered	Felt present

## Ferris Bingo

## The Rules!

(or lack thereof!)





-  Leave Early
-  Don't explain yourself
-  Rest before you're tired
-  Joy Counts

2026  
**PERMISSION SLIP**

This is your permission slip - you do not need to learn Joy. You are allowed to look awned.

**X**

**How to Take a Day Off FROM RUSHING**

-  MORNING → Slow
-  MIDDAY → Wander
-  AFTERNOON → Rest
-  EVENING → COZY

(You don't need permission, but have it anyway.)

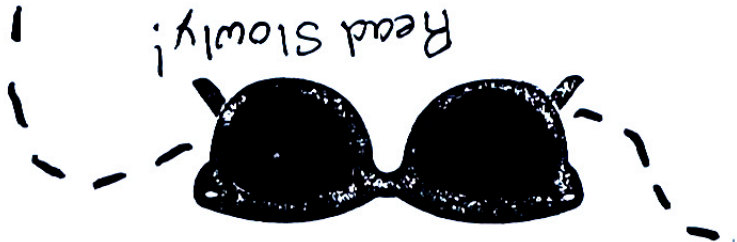
**When I need Ferris Energy...**

My Ferris Name is: \_\_\_\_\_

My Ferris Phrase is: \_\_\_\_\_

Today Ferris would tell me: \_\_\_\_\_

(\* Ferris leaves before things get heavy.)



## Ferris Bueller Mode 2026



Life moves pretty fast. If you're reading this top for a moment. **You're here.**

[eat + delight]

\* Put this down and go do something.